

BELLBROOK CATERING



PAKENHAM LAKESIDE PRIMARY CANTEEN MENU

Open Tuesday and Thursday

Please write your child's name, class and lunch order with prices on a suitable sized new lunch bag or add 0.20 for provided bag

OUR PREFERRED PAYMENT METHOD IS ONLINE THROUGH QKR

HEARTY HOT FOOD

Curly Spaghetti 97% fat free	\$4.50	☺☺☺
Macaroni Cheese 97% fat free	\$4.50	☺☺☺ V
Vegetarian Fried Rice 97% fat free	\$4.50	☺☺☺
Dim Sims Steamed	\$1.00	☺☺☺
Potato Scallop - over counter only	\$1.00	☺☺ V
Hot Noodles Chicken or Beef	\$3.00	☺☺
Chicken crumbed tender	\$2.10	☺☺ GF
Hot Dog	\$3.60	☺☺
Beef Cheese Burger, Lettuce and Mayo	\$5.00	☺☺☺
Chicken and Cheese Burger, Lettuce and M	\$5.00	☺☺☺
Gluten Free Hot Dog (no roll)	\$3.00	☺☺ GF
Chicken Breast Nugget - Bag of 3	\$3.50	☺☺
Chicken Breast Nugget - Bag of 6	\$6.00	☺☺
Corn Cobbette	\$1.00	☺☺☺
100% Vegetable Pastie	\$4.50	☺☺ V
Lite N Up Beef Pie	\$4.50	☺☺
Lite N Up Sausage Roll	\$4.00	☺☺
Lite N Up Snack Party Pie	\$1.00	☺☺

All pies heart foundation approved, low GI, reduced fat

TASTY JAFFLES

Baked Bean and Cheese	\$3.40	☺☺☺ V
Spaghetti	\$3.00	☺☺☺ V
Cheese	\$3.00	☺☺☺ V
Ham and Cheese	\$4.00	☺☺☺

Preferred Payment Method



SPECIAL SNACKS

Popcorn, Sea Salt or Slightly Sweet	\$1.60	☺☺ GF
Chips Honey/Soy	\$1.60	☺☺
Chips Sea Salt	\$1.60	☺☺ GF
Home Style Cookies	\$2.20	☺☺
Gingerbread	\$1.60	☺☺
Ovalteenies	\$1.20	☺☺
Yoghurt Frogs (5 for \$1.00)	\$1.00	☺☺
Homemade Mini Muffin	\$1.00	☺☺
Veggie Cup with Dip	\$2.00	☺☺☺ GF
Seasonal Fruit Cup	\$2.00	☺☺☺ GF
Jelly Cup with Fruit	\$1.50	☺☺☺ GF
Veggie Crackers BBQ/Cheese	\$1.60	☺☺ GF

- ☺☺☺ Every Day Foods
- ☺☺ Select Carefully foods
- V Denotes Vegetarian
- GF Denotes Gluten Free.

PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

SUPER SANDWICHES AND SALADS

	Sandwich	
Vegetemite	\$2.10	☺☺☺
Cheese	\$2.30	☺☺☺
Ham (97% fat free)	\$3.00	☺☺
Ham (97% fat free) and Salad	\$4.00	☺☺
Ham & Cheese	\$3.50	☺☺
Roast Chicken	\$3.50	☺☺☺
Roast Chicken & Salad	\$4.50	☺☺☺
Fresh Salad (lettuce,cucumber,tomato,carrot)	\$3.50	☺☺☺
Egg & Lettuce	\$2.80	☺☺☺
Rolls or Wraps extra	\$0.60	
All sandwiches on wholemeal bread		
Multigrain or White bread available on request		
FRESH MADE SALAD BOXES		
Mixed Salad (lettuce,cucumber,tomato,cheese,carrot)	\$4.50 Regular	☺☺☺ GF
Add beetroot	\$0.50	
Add egg	\$0.50	
Add Chicken or Ham	\$1.00	

EXTRAS

Salad Dressing Tub	\$0.50	☺☺
Tomato Sauce	\$0.30	☺☺
LUNCH BAGS	\$0.20	

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

DRINKS

600ml Water	\$2.00	☺☺☺ GF
250ml Milk (Reduced Fat)	\$2.70	☺☺☺ GF
Chocolate, Strawberry		
100% Fruit Juice 250ml	\$2.70	☺☺☺ GF
Apple or Tropical		
Chill J Sparkling 100% Fruit Juice	\$2.70	☺☺ GF
Raspberry, Grape, Watermelon, Lemonade		

FROZEN TREATS

Frozen 100% Juice Tubes	\$1.00	☺☺☺ GF
Frozen Skim Milk Tubes (Choc or Straw)	\$1.70	☺☺☺ GF
Frozen Pineapple, Watermelon or Orange Slice	\$0.60	☺☺☺ GF
Twisted Frozen Yoghurt Choc/Van or		
Mango/W'Melon	\$2.30	☺☺☺ GF
Streets Choc Shake Cup	\$3.00	☺☺
Streets Paddle Pop Rainbow	\$2.00	☺☺

TURN OVER FOR OUR SPECIAL MEAL DAYS

EVERYDAY SPECIAL LUNCH PACK

Salad Sandwich		
Slice of Fruit	\$5.50	☺☺☺
Mini Muffin		
Water		

EFFECTIVE APRIL 2021

IF YOUR CHILD HAS ANY FOOD ALLERGIES PLEASE MARK CLEARLY ON BAG